

Primitive Neuroectodermal Tumor of the Testis

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ABSTRACT

A 21-year male presenting with left testicular mass and retroperitoneal lymphadenopathy underwent radical orchiectomy; and his pathological examination showed a mixed germ cell tumor composed of primitive neuroectodermal tumor mixed with mature teratoma. Six cycles of IE (ifosfamide, etoposide) and VAC (vincristine, doxorubicin, cyclophosphamide) chemotherapy were given after sperm preservation. He then underwent retroperitoneal lymph node dissection (RPLND). No tumor was detected in the removed lymph nodes, and all lymph nodes were reported as showing reactive changes.

Key Words: Chemotherapy, Primitive neuroectodermal tumor, Surgery, Teratom, Testis.

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INTRODUCTION

Teratoma, an infrequent type of germ-cell tumor (GCT), is capable of being transformed into malignancy across ectodermal, endodermal, or mesodermal cell lines, and also into non-GCTs.¹ The malignant transformation of teratomas occurs in about 3–6% of metastatic GCTs. The teratoma transformation to a primitive neuroectodermal tumor (PNET) is a rare event that occurs across ectodermal cell lines.² PNET is a pathologic term that is applied to several different types of tumors. It can develop in the central or autonomic nervous system in children, classified as central PNET, or peripheral, as in Ewing's sarcoma (EWS).³ Making a definitive diagnosis of PNET is difficult, given its deviation from elements of GCT to the somatic tissues of the body and its non-specific pathological findings. The metastatic GCTs are highly sensitive to cisplatin-based chemotherapy, with a cure rate that exceeds 80%. However, a PNET that develops from a teratoma is resistant to cisplatin-based therapy. Therefore, it is critically important to diagnose PNET accurately because the standard platinum-based chemotherapy used in GCT treatment has a poor response rate.⁴ The standard curative treatment for a PNET is surgical resection of the tumor.⁴

However, newly published data suggest that the chemotherapy regimen used to treat EWS *i.e.* cyclophosphamide (1,000 to 1,200 mg/m²), doxorubicin (50 to 75 mg/m²), and vincristine (2 mg), alternated with ifosfamide (1.8 g/m²) plus etoposide (100 mg/m²) (IE/VAC) for five consecutive days, may be used as neoadjuvant, adjuvant, and palliative treatment for PNET.^{5,6} Herein, we report a rare case of PNET of the testis and the role of adjuvant chemotherapy to cure the disease.

CASE REPORT

A previously healthy 21-year male presented with complaints of swelling and pain in his left testicle. An ultrasound of the scrotum showed a markedly enlarged left testis with heterogeneous and complex hydrocele, suggestive of a multifocal testicular neoplasm.

Testicular tumor markers were within normal limits: beta-human chorionic gonadotrophin (b-hCG) = 0.13 mIU/mL, lactate dehydrogenase (LDH) = 185 U/L, and alpha-fetoprotein (AFP) = 3.64 IU/mL. Chest computed tomography (CT) scan revealed no evidence of metastatic disease. CT of the abdomen and pelvis demonstrated suspicious hypodense lymph nodes. The short axis of the largest lymph node was 20 mm, located in the left para-aortic region. The patient underwent a left radical orchiectomy.

On pathological evaluation, the gross examination showed a solid gray-white tumor. Some of the areas of the tumor were heterogeneous in appearance, and cystic areas measuring 5.7 × 5.0 × 4.5 cm were also found. A solid second tumor was also detected. The second tumor was tan-white in color, and measured 1.8 × 1.5 × 1.5 cm, with a distance of 0.5 cm away from the first tumor. Histopathological examination revealed cystic glandular structures, skin appendages, and cartilage

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consistent with mature teratoma (Figure 1A). There was also a yolk sac component that was composed of glandular structures. In the centre of the second tumor, a classic seminoma morphology was observed. The PNET was observed in the teratoma. It was composed of small round-to-oval cells with dark nuclei and scanty cytoplasm forming diffuse pseudorosettes (Figure 1B). On immunohistochemical (IHC) staining, the tumor revealed focal staining with CD99 (myc-1), WT-1, synaptophysin, and CD57, and extensive staining with FLI-1 (Figure 1C).

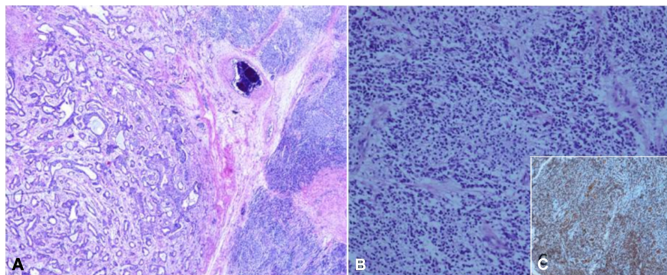


Figure 1: Germ-cell tumor and primitive neuroectodermal tumor infiltration on the right (HE, $\times 100$). (A) A primitive neuroectodermal tumor (PNET) along with teratoma. (B) Pseudorosette formation in PNET. (C) Immunohistochemical staining showing FLI-1 positivity in PNET cells.

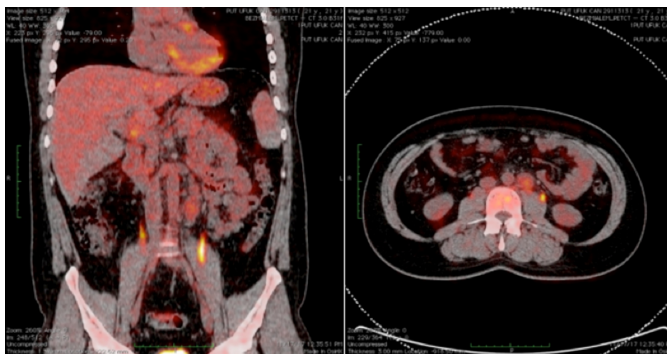


Figure 2: Positron emission tomography - computed tomography (PET/CT) scan showing several lymph nodes in left para-aortic region measuring 23 mm and showing a low level of fluorodeoxyglucose (FDG) uptake (SUVmax = 3.6).

Ki-67 index was around 30%. Intratubular germ cell neoplasia (ITGCN) was observed in surrounding testis. Rete testis and tunica albuginea invasion were present; spermatic cord, tunica vaginalis, and vascular invasion were not observed. The case was diagnosed as a mixed GCT, consisting of teratoma with PNET, yolk sac tumor, and classical seminoma. Positron emission tomography (PET) / CT was requested because of preoperative suspicion of lymph node involvement on abdominal and pelvic CT. It showed several lymph nodes in the left para-aortic region that were enlarged measuring 23 mm and showing a low level of fluorodeoxyglucose (FDG) uptake with maximum standard uptake values (SUV max) of 3.6 (Figure 2).

The patient's case was discussed at a multidisciplinary meeting. Retroperitoneal lymph node dissection (RPLND) was offered to the patient, but the patient refused a second opera-

tion. So, he was administered adjuvant IE/VAC (ifosfamide [1.8 g/m^2] plus etoposide (100 g/m^2) for five days, followed by a planned chemotherapy regimen of cyclophosphamide ($1,200 \text{ mg/m}^2$), doxorubicin (75 mg/m^2), and vincristine (1.4 mg/m^2). Six cycles of IE/VAC chemotherapy were given after sperm preservation. At the end of the treatment, an abdominal CT was done, and the previously noted lymph nodes disappeared.

His case was discussed again at a multidisciplinary meeting and he was again offered RPLND. He accepted RPLND this time. No tumor was detected in the removed lymph nodes and all showed reactive changes.

The patient has been closely monitored for the past six months, and there have been no problem reported to date.

DISCUSSION

Malignant transformation of teratoma is a rare condition. As shown in a case series, pathologic diagnosis is difficult.⁵ PNETs derived from malignant transformation of teratoma, however, fail to have a consistent immunostaining profile. CD-57 is the most consistent IHC marker, that is positive for PNET. In addition, PNET derived from teratoma generally lacks distinctive markers for peripheral PNET, such as nuclear expression of WT1, CD99 and FLI-1.⁴ This variability in tumor marker profile makes the clinical history extremely helpful in making a pathologic diagnosis. In the present case, IHC examination of the tumor revealed focal staining with CD99 (myc-1), WT-1, synaptophysin, and CD57, and extensive staining with FLI-1.

Teratoma patients with malignant transformation to PNET have a worse prognosis than patients with other mixed GCTs.⁴ Primary treatment for a PNET is surgical, although this is often not feasible in most patients due to extensive disease at diagnosis. In such cases, neoadjuvant chemotherapy may be considered.⁶ However, the main problem arises on the choice of chemotherapy regimen to be used. Metastatic GCTs are highly sensitive to cisplatin-based chemotherapy, with a cure rate that exceeds 80%. However, PNET arising from a teratoma is resistant to cisplatin-based therapy.⁴ Goto *et al.* treated their patient with a PNET with four cycles of bleomycin, etoposide and cisplatin (BEP) chemotherapy regimen, followed by radiotherapy; but the patient did not get benefit from the treatment, and died.⁷

It is well known that patients with PNET are resistant to standard platinum-based chemotherapy.⁷ Dunne *et al.* published a series of 3 cases of mixed GCTs that were diagnosed following orchiectomy; in which patients with adjuvant platinum-based chemotherapy developed new metastases in the intra-abdominal lymph nodes, and biopsy results from the lymph nodes led to a diagnosis of PNET. In these three cases, the testicular PNET cases showed resistance to platinum-based chemotherapy. The tumors of three patients

were unresectable, and all received IE/VAC chemotherapy. All patients initially responded to treatment, and one patient was able to undergo curative surgery. Two patients were still alive at 10 and 14 months after the treatment was completed.⁵ Guodong *et al.* and Anobel *et al.* published case reports that showed the importance of IE/VAC chemotherapy and RPLND in PNET patients' group.^{8,9} In a large case series published by Al-Hader *et al.* 86 cases of PNET with testicular teratoma were examined; and 18 patients received chemotherapy with VAC/IE. Twelve of 18 patients who received this regimen had surgically unresectable disease at presentation. The remaining six patients received this regimen, in addition to the adjuvant treatment after surgical resection. Six cycles of IE/VAC were administered to patients with unresectable disease, and four cycles were used in the adjuvant setting. Among patients with unresectable PNETs, a partial response, as determined by the response evaluation criteria in solid tumors (RECIST) criteria, occurred in nine patients, and six patients had a significant response that resulted in their ability to undergo surgery. The median survival for these 12 patients was 36 months, and a 50% disease-specific survival was demonstrated at 2 years. In this case series, the six patients who received four cycles of adjuvant IE/VAC after surgical resection, were all still alive without evidence of disease at the time of publication. The findings are proof of concept that IE/VAC can be used to treat PNETs in the neoadjuvant, adjuvant, and palliative settings.⁶ Therefore, chemotherapy regimens used to treat EWS should also be used in patients with teratoma-transformed PNETs.

In this case, because of both suspicious intra-abdominal lymph nodes after orchiectomy and an inability to carry out RPLND, six cycles of IE/VAC chemotherapy were administered. The suspicious lymph nodes in the abdomen decreased on CT scan after chemotherapy. Therefore, RPLND was performed because of suspicion of residual tumor. Thus, RPLND should be a standard procedure in this group of patients, even though the pathological result was reactive lymph nodes.

There are no other data available for second-line therapy. Vaughn *et al.* described a case series of three young men with recurrent teratoma syndrome, whose tumors showed strong expression of retinoblastoma protein (pRB). Because CDK 4/6 phosphorylates pRB to stimulate cell growth, PD0332991, a CDK inhibitor, was tested in these patients. All of these patients experienced durable responses, ranging from 18 to 24 months, which led to a clinical trial that examined PD0332991 in a growing teratoma syndrome that expresses pRB.¹⁰

In conclusion, the case described here is very rare. The effectiveness of the IE/VAC chemotherapy regimen was demonstrated in a patient with a PNET diagnosed in testis. The offer six adjuvant IE/VAC cycles should be considered for patients who are unable or unwilling to undergo RPLND after surgical resec-

tion. Radical inguinal orchiectomy should be added to the RPLND. Future research should delineate the genetic underpinnings of PNET, and therapeutic options should be developed, accordingly.

PATIENT'S CONSENT:

Informed consent was obtained from the patient.

CONFLICT OF INTEREST;

The authors declared no conflict of interest

AUTHORS' CONTRIBUTION:

TD: Obtained the patient's consent to publish the data, drafting, and writing the case report, analysis, and interpretation.

AA: Critically reviewed and analysed the data.

MS: Concept, design, and retrieving data from previous related case reports.

CE: The surgeon of the patient, analysed the patient data.

GC: Analysed and prepared the histopathological examinations.

HMT: Retrieving the detailed history, examination, and critically analysed.

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