

CHA₂DS₂-VASc Score Predicts In-Hospital and Long-Term Clinical Outcomes in Patients With ST-Segment Elevation Myocardial Infarction Who Were Undergoing Primary Percutaneous Coronary Intervention

Clinical and Applied
Thrombosis/Hemostasis
2017, Vol. 23(2) 132-138
© The Author(s) 2016
Reprints and permission:
sagepub.com/journalsPermissions.nav
DOI: 10.1177/1076029616646874
journals.sagepub.com/home/cat



Mehmet Bozbay, MD¹, Huseyin Uyarel, MD², Gokhan Cicek, MD³,
Ahmet Oz, MD¹, Muhammed Keskin, MD¹, Ahmet Murat, MD¹,
Ersin Yildirim, MD⁴, Gurkan Karaca, MD⁵,
Mehmet Ergelen, MD², and Mehmet Eren, MD¹

Abstract

CHA₂DS₂-VASc score includes similar risk factors for coronary artery disease. We hypothesized that admission CHA₂DS₂-VASc score might be predictive of adverse clinical outcomes for patients with ST-segment elevation myocardial infarction (STEMI) who were undergoing primary percutaneous coronary intervention. A total of 647 patients with STEMI enrolled in this study. The study population was divided into 2 groups according to their admission CHA₂DS₂-VASc score. The low group (n = 521) was defined as CHA₂DS₂-VASc score ≤2, and the high group (n = 126) was defined as CHA₂DS₂-VASc score >2. Patients in the high group had significantly higher incidence of in-hospital cardiovascular mortality (8.7% vs 1.9%; *P* < .001). Long-term mortality was significantly frequent in the high group (13.4% vs 3.6%, *P* < .001). Hypertension, admission CHA₂DS₂-VASc score, and Killip class >1 were independent predictors of long-term mortality. Admission CHA₂DS₂-VASc score >2 was identified as an effective cutoff point for long-term mortality (area under curve = 0.821; 95% confidence interval: 0.76-0.89; *P* < .001). CHA₂DS₂-VASc score is a simple, very useful, easily remembered bedside score for predicting in-hospital and long-term adverse clinical outcomes in STEMI.

Keywords

CHA₂DS₂-VASc score, myocardial infarction, long-term, mortality

Introduction

Many scoring systems have been developed for risk stratification of ST-segment elevation myocardial infarction (STEMI). The Thrombolysis in Myocardial Infarction (TIMI) risk score, the Primary Angioplasty in Myocardial Infarction (PAMI) risk score, the Global Registry of Acute Cardiac Events (GRACE) risk score, the Zwolle primary percutaneous coronary intervention (PCI) risk index, and the Controlled Abciximab and Device Investigation to Lower Late Angioplasty Complications (CADILLAC) risk score are well-known scores for predicting in-hospital and long-term mortality in patients with STEMI.¹⁻⁶ Synergy Between Percutaneous Coronary Intervention With TAXUS and Cardiac Surgery (SYNTAX) score has been developed angiographic variables for evaluation of coronary artery disease (CAD) complexity, which is associated with in-hospital and long-term clinical outcomes in patients with STEMI.⁷ The CHA₂DS₂-VASc score, which has been developed from CHADS₂, is easily remembered, well

validated, and recommended in practice guidelines for oral anticoagulant therapy in patients with nonvalvular atrial fibrillation (NVAF).⁸ Both CHADS₂ and CHA₂DS₂-VASc scoring systems include similar risk factors for CAD. Previous studies have shown the relationship between CHADS₂ and

¹ Department of Cardiology, Dr Siyami Ersek Cardiovascular and Thoracic Surgery Research and Training Hospital, Istanbul, Turkey

² Department of Cardiology, School of Medicine, Bezmi Alem Vakif University, Istanbul, Turkey

³ Department of Cardiology, Ankara Numune Hospital, Ankara, Turkey

⁴ Department of Cardiology, Elazig Research and Training Hospital, Elazig, Turkey

⁵ Department of Cardiology, Amasya Sabuncu Serafeddin Research and Training Hospital, Amasya, Turkey

Corresponding Author:

Huseyin Uyarel, Department of Cardiology, School of Medicine, Bezmi Alem Vakif University, Adnan Menderes Bulvarı Vatan Caddesi Fatih, Istanbul 34093, Turkey.

Email: uyarel@yahoo.com

CHA₂DS₂-VASc scores and not only CAD but also acute coronary syndrome (ACS).⁹⁻¹² The impact of admission CHA₂DS₂-VASc score and in-hospital and long-term unfavorable clinical outcomes in patients with STEMI who were undergoing primary PCI has not yet been investigated. Thus, the aim of this study was to evaluate the association between admission CHA₂DS₂-VASc scores and in-hospital and long-term clinical outcomes in patients with STEMI.

Methods

There were 647 consecutive patients with STEMI (550 men and 97 women with a mean age of 56.6 ± 12.3 years) admitted to the emergency department of the Siyami Ersek Thoracic and Cardiovascular Surgery Center between January 2010 and December 2010, all of whom were enrolled in this prospective study. The study inclusion criteria are (1) typical chest pain persisting >30 minutes, presenting within 12 hours from the onset of symptoms, (2) ST-segment elevation ≥ 1 mm and at least 2 contiguous electrocardiography (ECG) leads or new left bundle branch block with increasing cardiac enzymes twice the upper limit of normal within 12 hours of symptom onset, and (3) treatment with primary PCI (angioplasty and/or stent implantation).

The study population was divided into 2 groups according to their admission CHA₂DS₂-VASc score. The low group ($n = 521$) was defined as CHA₂DS₂-VASc score ≤ 2 , and the high group ($n = 126$) was defined as CHA₂DS₂-VASc score > 2 . The study protocol was approved by the ethics committee of the authors' hospital.

Analysis of Patient Data

The patients' clinical and demographic characteristics; risk factors such as hypertension (HT), diabetes mellitus (DM), smoking, and hypercholesterolemia; and history of stroke or transient ischemic attack (TIA), heart failure (HF), and vascular disease were recorded.

The CHA₂DS₂-VASc score was calculated by assigning 1 point each for the presence of HF, HT, DM, age of 65 to 74 years, female sex, and vascular diseases and 2 points for age ≥ 75 years and a history of stroke or TIA. Angina-to-reperfusion time and door-to-balloon time were noted.

Blood samples were obtained at the time of hospital admission and daily during the hospital stay. A 12-lead ECG was recorded in each patient just after hospital admission, and the type of myocardial infarction (MI) was noted from ECG. Biochemical measurements were performed using Siemens Healthcare Diagnostic Products kits and calibrators (Marburg, Germany). Estimated glomerular filtration rate (eGFR) was calculated by the simplified Modification of Diet in Renal Disease formula.¹³ Transthoracic echocardiography was performed using a Vivid 7 system (GE Vingmed Ultrasound AS, Horten, Norway) with a 2.5 MHz phased-array transducer with the left lateral decubitus position. The left ventricular ejection fraction (LVEF) was measured using the modified Simpson method.¹⁴

Coronary Angiography, Primary Angioplasty, and Stenting

All patients received chewable 300 mg aspirin (unless contraindicated) and clopidogrel 600 mg (loading dose) before coronary angiography. The patients' angiographic data were obtained from the cardiac catheterization laboratory records. Emergency coronary angiography and angioplasty were performed by the percutaneous femoral approach. The contralateral artery was first injected, and after visualizing the coronary arteries, 2.5 mg of nitrate was injected into the infarct-related artery (IRA) to rule out possible coronary spasm. The IRA was evaluated according to the TIMI classification.¹⁵ Heparin (100 U/kg) was administered when arterial anatomy was defined. Angiographic assessments were made by visual evaluation. Primary PCI, including balloon angioplasty/stent implantation, was performed only for IRA according to lesion anatomy. For each procedure, interventional success at the acute phase is defined as reducing to <50% of obstruction and stenosis of the IRA with TIMI 2 or 3 flow just after primary PCI. After angioplasty, all patients were admitted to the intensive care unit, where 100 mg of aspirin and 75 mg of clopidogrel were continued in all patients. The use of glycoprotein IIb/IIIa inhibitors was left to the discretion of the operator. Concomitant medical treatment with statins, angiotensin-converting enzyme inhibitors, and β -blockers were given according to American College of Cardiology/American Heart Association guidelines.

Definitions

Hypertension was defined as the previous use of antihypertensive medications, systolic pressure ≥ 140 mm Hg, or diastolic pressure ≥ 90 mm Hg. Diabetes mellitus was defined as the use of insulin or antidiabetic agents in the patient's medical history or a fasting glucose level ≥ 126 mg/dL. Chronic HF was defined as reduced LVEF <40%. Vascular disease was defined as previous MI, peripheral arterial disease (PAD), or complex aortic plaques. Hypercholesterolemia was defined as total cholesterol of at least 200 mg/dL. Multivessel disease was defined as a stenosis of more than 50% in all 3 major epicardial coronary arteries. Reperfusion time was measured as the time from symptom onset to the coronary reperfusion obtained with balloon inflation. Door-to-balloon time was defined as the time between hospital admission and balloon inflation. Patients were evaluated according to Killip clinical examination classification.¹⁶ Cardiogenic shock was defined as systolic blood pressure <90 mm Hg for >30 minutes or as catecholamines required to maintain systolic pressure >90 mm Hg and clinical signs of pulmonary congestion and impaired organ perfusion.¹⁷ Cardiovascular death was defined as unexplained sudden death, that is, death due to acute MI, HF, or arrhythmia. Repeat target vessel revascularization (TVR) was defined as the need for PCI or coronary surgery because of restenosis or reocclusion of the IRA. Reinfarction was described as elevation in serum creatinine kinase-MB enzyme levels by twice the upper limit of normal and ST-segment re-elevations.

Follow-Up

All patients were followed up for 6 months after discharge using a standardized protocol that included outpatient visits, telephone contacts, and recording of cardiac events. The primary end point was all-cause mortality. Major adverse cardiac events (MACEs) were defined as cardiovascular death, reinfarction, and repeat TVR. During long-term follow-up, stroke, heart failure-related rehospitalization, and MACE were noted.

Statistical Analysis

Quantitative variables were expressed as mean value \pm standard deviation (SD), and qualitative variables were expressed as percentages (%). Comparisons of parametric values between 2 groups were performed with a 2-tailed Student *t* test. Categorical variables were compared with the likelihood ratio χ^2 test or Fisher exact test. A backward stepwise Cox regression analysis, which included variables with $P < .1$, was performed to identify predictors of all-cause mortality. History of HT, age, female gender, CHADS₂, CHA₂DS₂-VASc, hypercholesterolemia, reperfusion time, Killip class >1 , history of HF, history of stroke or TIA, admission eGFR, admission glucose, admission hemoglobin, multivessel disease, and unsuccessful intervention were included into the model. The cumulative survival curves for all-cause mortality were constructed using Kaplan-Meier method, with differences assessed with the log-rank test. P value $< .05$ was considered statistically significant. All statistical studies were carried out using SPSS version 15.0 (SPSS Inc, Chicago, Illinois).

Reproducibility

The analyses were repeated twice 1 day later, by the same observer, in order to assess intraobserver variability, which was calculated by the average difference between the 10 measurements realized. A second independent observer repeated the analyses for the assessment of interobserver variability, which was calculated as the absolute difference divided by the average of the 2 observations for all parameters. In this study, the intraobserver and interobserver variability were 6.9% and 8.1%, respectively.

Results

Baseline Characteristics

The baseline demographics and clinical data of the patients are listed in Table 1. The mean age of the study population was 56.6 ± 12.3 years, and 97 of the patients were female. Compared with the low group, the patients in the high group were older and predominantly women. History of HT, DM, stroke or TIA, MI, hypercholesterolemia, HF, and PAD were more prevalent in the high group. Additionally, patients in the high group had a higher admission Killip class >1 (10.3% vs 5.5%; $P = .05$) and low LVEF (42 ± 9.3 vs 46.12 ± 8.2 ; $P < .001$). Door-to-balloon

Table 1. Baseline Characteristics of the Study Patients.^{a,b}

	Low CHA ₂ DS ₂ -VASc (≤ 2 ; n = 521)	High CHA ₂ DS ₂ -VASc (> 2 ; n = 126)	P Value
Gender (female)	37 (7.1%)	60 (47.6%)	$< .001$
Age (years)	53.3 ± 10.5	70.1 ± 9.3	$< .001$
Congestive heart failure	5 (0.9%)	8 (6.3%)	$< .001$
Hypertension	161 (30.9%)	113 (89.6%)	$< .001$
Diabetes mellitus	68 (13%)	61 (48.4%)	$< .001$
Stroke	0	10 (7.9%)	$< .001$
Peripheral artery disease	9 (1.7%)	7 (5.5%)	.013
CABG surgery history	10 (1.9%)	10 (7.9%)	$< .001$
MI history	59 (11.3%)	32 (25.3%)	$< .001$
PCI history	46 (8.8%)	26 (20.6%)	$< .001$
Current smoker	419 (80.4%)	55 (43.6%)	$< .001$
Hyperlipidemia	113 (21.6%)	40 (31.7%)	.017
Anterior MI	243 (46.6%)	61 (48.4%)	.71
Door-to-balloon time (hours)	32.7 ± 10	35.6 ± 11.9	.3
Pain-to-balloon time (hours)	210.9 ± 135.8	226.1 ± 155.6	.28
Systolic blood pressure (mm Hg)	125.2 ± 24.3	123.9 ± 26	.63
Heart rate (bpm)	79.4 ± 13.5	78.2 ± 13.4	.36
Killip score I	29 (5.5%)	13 (10.3%)	.05
Length of hospital stay (day)	7.37 ± 7.47	8.6 ± 7.2	.1
CHADS ₂	0.47 ± 0.60	2.0 ± 0.91	$< .001$
CHA ₂ DS ₂ -VASc	0.80 ± 0.83	3.64 ± 0.99	$< .001$

Abbreviations: CABG, coronary artery bypass graft; MI, myocardial infarction; PCI, percutaneous coronary intervention; SD, standard deviation.

^aValues are mean \pm SD.

^bValues in parentheses are percentages.

Table 2. Laboratory Findings of the Patients.^a

	Low CHA ₂ DS ₂ -VASc (≤ 2 ; n = 521)	High CHA ₂ DS ₂ -VASc (> 2 ; n = 126)	P Value
Creatinine (mg/dL; admission)	0.86 ± 0.28	1.06 ± 0.46	$< .001$
eGFR-MDRD	106.66 ± 42.75	76.9 ± 32.8	$< .001$
CK-MB (U/L) (peak)	182.9 ± 165.6	167.2 ± 119.6	.31
Plasma blood glucose (mg/dL; admission)	152.9 ± 65.4	185.1 ± 86.8	$< .001$
Hemoglobin (g/dL)	14.4 ± 1.9	12.9 ± 1.7	$< .001$

Abbreviations: CK-MB, creatinine kinase-MB; eGFR, estimation of glomerular filtration rate; MDRD, Modification of Diet in Renal Disease.

^aValues are mean \pm SD.

time, reperfusion time, admission systolic blood pressure, and admission heart rate were similar between the 2 groups.

Laboratory Findings

Table 2 lists the patients' laboratory data. Admission creatinine (1.06 ± 0.46 mg/dL vs 0.86 ± 0.28 mg/dL; $P < .001$) and glucose level (185.1 ± 86.8 mg/dL vs 152.9 ± 65.4 mg/dL; $P < .001$) were higher in the high group. Patients in the high

Table 3. Angiographic and Procedural Characteristics of Study Patients.^a

	Low CHA ₂ DS ₂ -VASc (≤2; n = 521)	High CHA ₂ DS ₂ -VASc (>2; n = 126)	P Value
3-Vessel diseases	80 (15.3%)	60 (47.6%)	.04
Postprocedural TIMI <3	497 (95.3%)	118 (93.6%)	.37
Tirofiban use	251 (48.1%)	53 (42.1%)	.22
Stent implantation	421 (80.8%)	90 (71.4%)	.07
Infarct-related artery			.28
LMCA	2 (0.3%)	0	
Left anterior descending artery	241 (46.2%)	61 (48.4%)	
Diagonal branch	4 (0.7%)	1 (0.7%)	
Circumflex coronary artery	89 (17.1%)	15 (11.9%)	
Right coronary artery	182 (34.9%)	48 (38.1%)	
Intermediate artery	1 (0.1%)	0	
Saphenous vein graft	2 (0.3%)	0	

Abbreviations: LMCA, left main coronary artery; TIMI, thrombolysis in myocardial infarction.

^aValues in parentheses are percentages.

group had lower admission hemoglobin levels (12.9 ± 1.7 g/dL vs 14.4 ± 1.9 g/dL; $P < .001$).

Angiographic and Procedural Characteristics

Angiographic and procedural characteristics are shown in Table 3. Multivessel disease was more frequent in the high group (23% vs 15.3%; $P = .04$). Culprit lesion, tirofiban use, successful procedure, and stent use were not statistically different between the 2 groups.

In-Hospital and Long-Term Outcomes

Table 4 presents in-hospital outcomes after primary PCI. Patients in the high group had significantly higher incidence of in-hospital cardiovascular mortality (8.7% vs 1.9%; $P < .001$). The MACE, cardiogenic shock, in-hospital hemodialysis treatment, red blood cell transfusion, and complete atrioventricular block requiring transient pacemaker were more frequent in the high group.

Table 5 shows long-term unfavorable clinical outcomes. In the Kaplan-Meier survival analysis, long-term mortality was 13.4% in the high group and 3.6% in the low group ($P < .001$; Figure 1), and all of the deaths were cardiovascular in nature. Patients in the high group also had significantly higher MACE and reinfarction rates. The Cox regression analysis was used to identify predictors of long-term mortality. History of HT (odds ratio [OR]: 6.2, 95% confidence interval [CI]: 2.05-18.8, $P < .001$), admission CHA₂DS₂-VASc score (OR: 1.77, 95% CI: 1.28-2.45, $P < .001$), and Killip class >1 (OR: 13.2, 95% CI: 5.94-29.5, $P < .001$) were independent predictors of long-term mortality (Table 6). Admission CHA₂DS₂-VASc score >2 was identified as an effective cutoff point for long-term mortality (area under curve = 0.821; 95%

Table 4. In-Hospital Outcomes.^{a,b}

	Low CHA ₂ DS ₂ -VASc (≤2; n = 521)	High CHA ₂ DS ₂ -VASc (>2; n = 126)	P Value
In-hospital CV mortality	10 (1.9%)	11 (8.7%)	<.001
Reinfarction	14 (2.6%)	4 (3.1%)	.77
TVR	13 (2.4%)	3 (2.3%)	.94
MACE	24 (4.6%)	16 (12.6%)	<.001
Stroke	1 (0.1%)	1 (0.7%)	.28
Cardiopulmonary resuscitation	25 (4.7%)	11 (8.7%)	.09
Hemodialysis	2 (0.3%)	3 (2.3%)	.02
IABP	13 (2.4%)	5 (3.9%)	.37
Cardiogenic shock	26 (4.9%)	12 (9.5%)	.05
Atrial fibrillation	11 (2.1%)	4 (3.1%)	.48
Transient pacemaker	9 (1.7%)	8 (6.3%)	.004
Femoral artery pseudoaneurysm	19 (3.6%)	5 (3.9%)	.86
Red cell transfusion	6 (1.1%)	7 (5.5%)	<.001
Ejection fraction	46.12 ± 8.2	42 ± 9.3	<.001

Abbreviations: CV, cardiovascular; IABP, intraaortic balloon pump; MACE, major advanced cardiac events; SD, standard deviation; TVR, target vessel revascularization.

^aValues are mean \pm SD.

^bValues in parentheses are percentages.

Table 5. Long-Term Follow-Up.^a

	Low CHA ₂ DS ₂ -VASc (≤2; n = 521)	High CHA ₂ DS ₂ -VASc (>2; n = 126)	P Value
All-cause mortality	19 (3.6%)	17 (13.4%)	<.001
Fatal reinfarction	7 (1.3%)	7 (5.5%)	.004
TVR	88 (16.8%)	25 (19.8%)	.44
MACE	113 (21.6%)	40 (31.7%)	.02
Stroke	1 (0.1%)	1 (0.7%)	.28
Hospitalization with congestive heart failure	3 (05)	1 (07)	.78
Noncardiac mortality	0	0	

Abbreviations: MACE, major advanced cardiac events; TVR, target vessel revascularization.

^aValues in parentheses are percentages.

CI: 0.76-0.89; $P < .001$), and it had a sensitivity of 61.1% and a specificity of 82.8% (Figure 2).

Discussion

The main findings of this present study were as follows: (1) patients in the high CHA₂DS₂-VASc group had a higher Killip class, a low LVEF level, and higher incidence of cardiogenic shock; (2) patients with a CHA₂DS₂-VASc score >2 had remarkable increase in in-hospital cardiovascular mortality, and (3) the CHA₂DS₂-VASc score was an independent predictor of long-term cardiovascular mortality in patients with STEMI.

CHA₂DS₂-VASc score, which has been developed from CHADS₂, is recommended in practice guidelines for

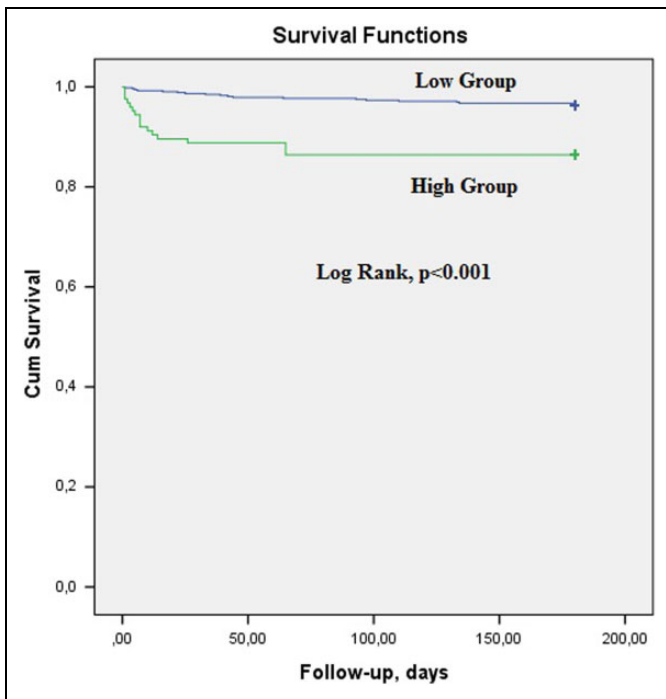


Figure 1. The receiver–operating characteristic curve for admission $\text{CHA}_2\text{DS}_2\text{-VASc}$ score >2 was identified as an effective cutoff point for long-term mortality (area under curve = 0.821; 95% CI: 0.76-0.89; $P < .001$) with a sensitivity of 61.1% and a specificity of 82.8%. CI indicates confidence interval.

evaluating oral anticoagulant therapy in patients with NVAf.⁸ The components of CHADS_2 and $\text{CHA}_2\text{DS}_2\text{-VASc}$ score comprise risk factors for CAD, and the relationship between CHADS_2 and $\text{CHA}_2\text{DS}_2\text{-VASc}$ score with CAD and ACS has been reported in previous studies. Poçi et al⁹ evaluated 2335 patients with ACS and they reported that their CHADS_2 scores were related to 10-year all-cause mortality in patients with and without AF. Chan et al¹⁰ reported that both CHADS_2 and $\text{CHA}_2\text{DS}_2\text{-VASc}$ scores predict vascular dysfunction, new-onset ischemic stroke, MI, HF, and cardiovascular death in patients without AF. Cetin et al¹¹ investigated patients who underwent diagnostic angiography, and they found that CHADS_2 , $\text{CHA}_2\text{DS}_2\text{-VASc}$, and $\text{CHA}_2\text{DS}_2\text{-VASc-HL}$ scores were significantly correlated with the number of diseased coronary vessels and the Gensini score. In this study, they have developed a new score named $\text{CHA}_2\text{DS}_2\text{-VASc-HL}$, in addition to the components of the $\text{CHA}_2\text{DS}_2\text{-VASc}$ score with hyperlipidemia, smoking, and male rather than female gender. In a different large population study, Kim et al¹² evaluated 15 681 patients with ACS who showed that a $\text{CHA}_2\text{DS}_2\text{-VASc}$ score was an important predictor of long-term mortality.

This present study revealed that $\text{CHA}_2\text{DS}_2\text{-VASc}$ score was associated with an advanced Killip class, low LVEF level, and a higher incidence of in-hospital and long-term mortality. Several mechanisms might explain the association between $\text{CHA}_2\text{DS}_2\text{-VASc}$ score and in-hospital and long-term cardiovascular mortality. Previous studies have reported that female

gender, which is a component of the $\text{CHA}_2\text{DS}_2\text{-VASc}$ score, predicts in-hospital and long-term mortality in patients with STEMI. Ayhan et al¹⁸ investigated 2644 patients with STEMI and they found that stroke, cardiogenic shock, and in-hospital and long-term mortality were higher in female gender. Age is a powerful predictor of cardiovascular mortality in STEMI; therefore, it is the main component of risk classification scores, such as TIMI and PAMI risk scores, GRACE risk index, Zwolle primary PCI risk index, and CADILLAC risk score.²⁻⁶ The DM is another important predictor of adverse cardiovascular events in patients with STEMI, and also the component of TIMI and PAMI risk scores.^{3,6} Ergelen et al¹⁹ examined 2529 patients with STEMI who were treated with primary PCI, and they showed that DM and age were predictors of in-hospital and long-term cardiovascular mortality. The HT is well known as a predictor of in-hospital and long-term mortality in patients with STEMI and AMI.^{20,21} Cooper et al²² found that prior stroke was associated with short-term mortality in patients with STEMI. The components of $\text{CHA}_2\text{DS}_2\text{-VASc}$ scores are predictors of in-hospital and long-term cardiovascular outcomes in patients with STEMI, and these findings were correlated with our results. In our study, patients in a high $\text{CHA}_2\text{DS}_2\text{-VASc}$ group had a higher incidence of female gender, older age, HT, DM, HF, prior stroke, and PAD. Therefore, our findings might be related to these well-known predictors for cardiovascular mortality in STEMI.

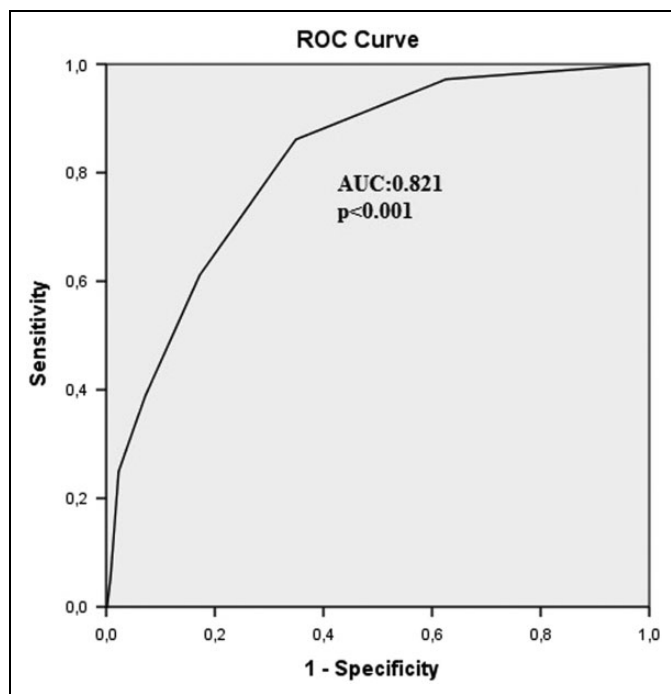
Identifying high-risk patients with STEMI is important, and different scoring systems have been developed for risk stratification. The TIMI risk score, GRACE risk index, Zwolle primary PCI risk index, and CADILLAC risk score are widespread tools for predicting in-hospital and long-term mortality in STEMI.²⁻⁵ The GRACE risk score is useful for predicting in-hospital all-cause mortality in patients with ACS, but this score is a very detailed system because of data from physical examination and laboratory tests. Although TIMI risk score for STEMI is another useful system, it includes various demographic and electrocardiographic parameters and physical examination findings, and it is not a real-life scoring system because it has been developed based on fibrinolytic therapy.³ Also, the Zwolle primary PCI risk index, CADILLAC, SYNTAX, and PAMI risk scores include different clinical, demographic, angiographic, echocardiographic, and electrocardiographic parameters and signs of physical examination. These scoring schemes are not practical for physicians because of multiplicity and complexity.

In our study, we found that $\text{CHA}_2\text{DS}_2\text{-VASc}$ score >2 was associated with cardiogenic shock, high Killip class, low LVEF, fatal reinfarction, and in-hospital and long-term mortality. This is the first study to evaluate the association between admission $\text{CHA}_2\text{DS}_2\text{-VASc}$ score and in-hospital and long-term unfavorable clinical outcomes in patients with STEMI who were undergoing primary PCI. The $\text{CHA}_2\text{DS}_2\text{-VASc}$ score is a simple, very useful, easily remembered bedside score for predicting in-hospital and long-term adverse clinical outcomes in STEMI.

Table 6. Cox Regression Long-Term Mortality.

	Univariate			Multivariate		
	OR	CI	P Value	OR	CI	P Value
Hypertension	2.99	1.5-5.98	.002	6.2	2.35-18.8	.001
Age	1.07	1.04-1.09	<.001			
Gender (female)	3.4	1.72-6.72	<.001			
CHADS ₂	1.95	1.54-2.49	<.001			
CHA ₂ DS ₂ -VASc	1.91	1.6-2.26	<.001	1.77	1.28-2.45	.001
Hyperlipidemia	0.4	0.14-1.13	.09			
Door-to-balloon time	1.002	1-1.004	.02			
Killip class >I	21.07	10.93-40.63	<.001	13.2	5.94-29.5	<.001
Congestive heart failure	4.53	1.6-12.8	.004			
Stroke	6.93	2.69-17.83	<.001			
eGFR-MDRD	0.957	0.946-0.969	<.001			
Plasma blood glucose (admission)	1.008	1.006-1.011	<.001			
Hemoglobin	0.687	0.576-0.819	<.001			
3-Vessel diseases	2.25	1.11-4.56	.03			
Post TIMI flow <3	2.91	1.4-6.03	.004			

Abbreviations: CI, confidence interval; eGFR, estimation of glomerular filtration rate; OR, odds ratio; MDRD, modification of diet in renal disease; TIMI, thrombolysis in myocardial infarction.

**Figure 2.** Long-term mortality of the low and high groups.

Study Limitations

This study has several limitations because it was a single-center design and nonrandomized study. It is subject to selection bias; however, we were careful to include consecutive patients. We did not calculate CADILLAC risk score; Zwolle primary PCI risk index; TIMI, PAMI, and GRACE risk scores; and SYN-TAX score. Reperfusion markers, such as myocardial blush grade or ST resolution, could not be determined. Despite

adjusting for multiple risk factors, there may have been confounding conditions and medications. In addition, follow-up time was no longer compared to other studies.

Conclusion

Our findings indicate that the CHA₂DS₂-VASc score was related to in-hospital and long-term unfavorable clinical outcomes in patients with STEMI who were undergoing primary PCI. The CHA₂DS₂-VASc score is a simple, very useful, easily remembered score for risk stratification in patients with STEMI.

Declaration of Conflicting Interests

The author(s) declared no potential conflicts of interest with respect to the research, authorship, and/or publication of this article.

Funding

The author(s) received no financial support for the research, authorship, and/or publication of this article.

References

1. Bassand JP, Hamm CW, Ardissino D, et al. Task force for diagnosis and treatment of non-ST-segment elevation acute coronary syndromes of European Society of Cardiology. Guidelines for the diagnosis and treatment of non-ST-elevation acute coronary syndromes. *Eur Heart J*. 2007;28(13):1598-1660.
2. Granger CB, Goldberg RJ, Dabbous O, et al; Global Registry of Acute Coronary Events Investigators. Predictors of hospital mortality in the Global Registry of Acute Coronary Events. *Arch Intern Med*. 2003;163(19):2345-2353.
3. Morrow DA, Antman EM, Charlesworth A, et al. TIMI risk score for ST-elevation myocardial infarction: a convenient, bedside, clinical score for risk assessment at presentation.

- An Intravenous nPA for Treatment of Infarcting Myocardium Early II Trial Substudy. *Circulation*. 2000;102(17):2031-2037.
4. De Luca G, Suryapranata H, van't Hof Arnoud WJ, et al. Prognostic assessment of patients with acute myocardial infarction treated with primary angioplasty. Implications for early discharge. *Circulation*. 2004;109(22):2737-2743.
 5. Halkin A, Singh M, Nikolsky E, et al. Prediction of mortality after primary percutaneous coronary intervention for acute myocardial infarction: the CADILLAC risk score. *J Am Coll Cardiol*. 2005;45(9):1397-1405.
 6. Addala S, Grines CL, Dixon SR, et al. Predicting mortality in patients with ST-elevation myocardial infarction treated with primary percutaneous coronary intervention (PAMI risk score). *Am J Cardiol*. 2004;93(5):629-632.
 7. Akgun T, Oduncu V, Bitigen A, et al. Baseline SYNTAX score and long-term outcome in patients with ST-segment elevation myocardial infarction undergoing primary percutaneous coronary intervention. *Clin Appl Thromb Hemost*. 2015;21(8):712-719.
 8. Lip GY, Nieuwlaat R, Pisters R, Lane DA, Crijns HJ. Refining clinical risk stratification for predicting stroke and thromboembolism in atrial fibrillation using a novel risk factor-based approach: the Euro Heart Survey on atrial fibrillation. *Chest*. 2010;137(2):263-272.
 9. Poçi D, Hartford M, Karlsson T, Herlitz J, Edvardsson N, Caidahl K. Role of the CHADS₂ score in acute coronary syndromes: risk of subsequent death or stroke in patients with and without atrial fibrillation. *Chest*. 2012;141(6):1431-1440.
 10. Chan YH, Yiu KH, Lau KK, et al. The CHADS₂ and CHA₂DS₂-VASc scores predict adverse vascular function, ischemic stroke and cardiovascular death in high-risk patients without atrial fibrillation: role of incorporating PR prolongation. *Atherosclerosis*. 2014;237(2):504-513.
 11. Cetin M, Cakici M, Zencir C, et al. Prediction of coronary artery disease severity using CHADS₂ and CHA₂DS₂-VASc scores and a newly defined CHA₂DS₂-VASc-HL score. *Am J Cardiol*. 2014;113(6):950-956.
 12. Kim KH, Kim W, Hwang SH, et al; Other Korean Working Group in Myocardial Infarction Registry Investigators. The CHA₂DS₂-VASc score can be used to stratify the prognosis of acute myocardial infarction patients irrespective of presence of atrial fibrillation. *J Cardiol*. 2015;65(2):121-127.
 13. Levey AS, Bosch JP, Lewis JB, Greene T, Rogers N, Roth D. A more accurate method to estimate glomerular filtration rate from serum creatinine: a new prediction equation. Modification of Diet in Renal Disease Study Group. *Ann Intern Med*. 1999;130(6):461-470.
 14. Schiller NB, Shah PM, Crawford M, et al. Recommendations for quantitation of the left ventricle by two-dimensional echocardiography. American Society of Echocardiography Committee on Standards, Subcommittee on Quantitation of Two-Dimensional Echocardiograms. *J Am Soc Echocardiogr*. 1989;2(5):358-367.
 15. Chesebro JH, Knatterud G, Roberts R, et al. Thrombolysis in Myocardial Infarction (TIMI) Trial, Phase I: a comparison between intravenous tissue plasminogen activator and intravenous streptokinase. Clinical findings through hospital discharge. *Circulation*. 1987;76(1):142-154.
 16. Killip T III, Kimball JT. Treatment of myocardial infarction in a coronary care unit. A two year experience with 250 patients. *Am J Cardiol*. 1967;20(4):457-464.
 17. Reynolds HR, Hochman JS. Cardiogenic shock: current concepts and improving outcomes. *Circulation*. 2008;117(5):686-697.
 18. Ayhan E, Uyarel H, Ergelen M, et al. Primary angioplasty in women with ST-elevation myocardial infarction: in-hospital and long-term clinical results. *Turk Kardiyol Dern Ars*. 2011;39(2):114-121.
 19. Ergelen M, Gorgulu S, Uyarel H, et al. Prediction of cardiovascular mortality in patients with ST-elevation myocardial infarction after primary percutaneous coronary intervention. *Coron Artery Dis*. 2010;21(4):207-211.
 20. Richards AM, Nicholls MG, Troughton RW, et al. Antecedent hypertension and heart failure after myocardial infarction. *J Am Coll Cardiol*. 2002;39(7):1182-1188.
 21. Rembek M, Goch A, Goch J. The clinical course of acute ST-elevation myocardial infarction in patients with hypertension. *Kardiol Pol*. 2010;68(2):157-163.
 22. Cooper HA, Domanski MJ, Rosenberg Y, et al; Magnesium in Coronaries Trial Investigators. Acute ST-segment elevation myocardial infarction and prior stroke: an analysis from the Magnesium in Coronaries (MAGIC) trial. *Am Heart J*. 2004;148(6):1012-1019.