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CLINICAL STUDY

Association of plasma growth arrest-specific protein 6 (Gas6) concentrations with albuminuria in patients with type 2 diabetes*Aybala Erek-Toprak¹, Ozlem Bingol-Ozakpinar², Zeynep Karaca², Mehmet Ali Cikrikcioglu³, Mehmet Hursitoglu⁴, Ahmet Riza Uras⁵, Khosrow Adeli⁶, and Fikriye Uras²

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Abstract

Aims: New biomarkers are required to detect diabetic nephropathy earlier in persons with type 2 diabetes mellitus. Recent experimental studies indicate that growth arrest-specific protein 6 (Gas6) may have a role in pathogenesis of complications associated with diabetes. The objective of the current study is to examine whether plasma Gas6 concentrations are associated with albuminuria in persons with type 2 diabetes mellitus. **Methods:** About 32 patients with diabetes which have micro or macroalbuminuria, 37 patients with diabetes and normoalbuminuria, and 30 healthy volunteers were recruited. Plasma Gas6 levels were measured by ELISA. Hemoglobin A_{1c} (HbA_{1c}), serum C reactive protein, fibrinogen and 24-h urine samples for microalbuminuria were analyzed by Primus PDQ, Beckman Coulter Immage 800, STA Compact and Roche Cobas Integra 800 analyzer, respectively. Statistical analysis was performed using SPSS (Statistical Package for Social Sciences) for Windows 11.5. **Results:** There was a noteworthy difference among the three groups for Gas6 according to the Kruskal–Wallis test ($p < 0.01$). Plasma Gas6 concentrations were higher in patients with micro or macroalbuminuria [20.9 ng/mL (16.7–27.0); median (25–75% percentile)] compared to patients with normoalbuminuria [16.5 ng/mL (13.1–22.9)], and healthy controls [15.3 ng/mL (8.3–33.6)]. **Conclusions:** In conclusion, this is the first study indicating that plasma Gas6 levels are associated with albuminuria in patients with type 2 diabetes. This study could be considered a starting point to focus on the association between Gas6 and diabetic nephropathy.

Keywords

Albuminuria, biomarkers, diabetic nephropathy, Gas6, growth arrest-specific protein

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More than 371 million people worldwide suffer from diabetes mellitus and by 2030 this number is expected to rise to more than 550 million.¹ Diabetes mellitus is the principal factor in chronic kidney disease, responsible for up to 45% of end-stage renal disease.² In people with diabetes, nephropathy is defined as the presence of proteinuria. It is characterized by structural abnormalities and is reversible in the early stage.³ The pathophysiological characteristics of diabetic nephropathy are still in debate. Many attempts have been made to

find out new biomarkers for early stage detection of diabetic nephropathy.^{4–6}

It has been shown that mesangial cell proliferation is increased in response to a number of growth factors and cytokines: growth arrest-specific 6 (Gas6),⁴ platelet-derived growth factor,⁷ basic fibroblast growth factor,⁸ angiotensin II⁶ and interleukin-6.⁹ Gas6, a newly discovered vitamin K-dependent protein, is a ligand for TYRO-3, AXL and MER (TAM receptors). Gas6/TAM signaling is involved in cell migration, survival, and adhesion.^{10–12}

Initially, one gene that was highly expressed in serum starved cultured cells of NIH 3T3 was Gas6.¹³ More recently, it has been classified as a vitamin K-dependent protein, with a similar structure to protein S.¹⁴ Gas6 has an N-terminal γ -carboxylated glutamyl domain containing 11–12 γ -carboxylated glutamyl residues. Vitamin K-dependent carboxylase enzyme modifies glutamyl residues to γ -carboxylated glutamyl residues post-translationally.¹⁵ Carboxylation helps binding of the vitamin K-dependent clotting factors to membrane phospholipids on platelets which lead to the triggering of the coagulation pathway.^{16–18} In the absence of carboxylation, the

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coagulation process becomes defective.^{19,20} It has not been shown that Gas6 has a direct effect on the coagulation cascade.

Gas6 is expressed in the lung, intestine and terminally differentiated cells including endothelial cells within the capillaries and as well as in vascular smooth muscle cells.^{21,22} Both Gas6 and its receptor AXL are expressed in the kidney principally in intraglomerular mesangial cells.^{23,24} Mesangial cell proliferation, a hallmark of glomerular sclerosis, was stimulated by Gas6/AXL.^{4,5,25} Putdown of mesangial cell proliferation with either warfarin, an inhibitor of gamma-carboxylation, or an extracellular portion of AXL suggested that Gas6 plays a role in glomerular disease.²⁶

Some experimental studies indicate that Gas6-AXL may be involved in cardiovascular and renal complications of diabetes. It was reported that Gas6 signaling increased survival of vascular smooth muscle cells in a low glucose environment, while Gas6 signaling increased cell migration in high glucose.²⁷ Animal models have suggested potential roles for Gas6 and TAM receptors in the development of diabetic nephropathy and allograft rejection.^{4,23,28} Diabetic nephropathy was less severe in Gas6 knockout mice or when Gas6 activity was inhibited by warfarin treatment.⁵

Despite these advances in our understanding of Gas6, the clinical importance of the Gas6/TAM pathway in the molecular mechanism of complications associated with diabetes mellitus is unknown. Hung et al.²⁹ showed that plasma Gas6 concentrations were decreased in patients with type 2 diabetes and Gas6 levels were also associated with some markers of endothelial malfunctioning and inflammation.

Albuminuria is not always a reliable indicator for proliferation of the mesangial cell matrix in the kidney.^{30,31} Approximately half of diabetes with microalbuminuria progress to obvious nephropathy.³² Microalbuminuria is often associated with heart failure or arterial hypertension in type 2 diabetes. Therefore, novel biomarkers are required for earlier detection of diabetic nephropathy. This study hypothesizes that there is a link between plasma Gas6 concentrations and albuminuria in patients with type 2 diabetes. The objective of this study is to examine whether plasma Gas6 levels are associated with albuminuria in patients with type 2 diabetes.

Materials and methods

Study participants

This study included three groups of subjects. Besides the control group ($n = 30$, healthy volunteers), there were two groups of type 2 diabetes: one group with normoalbuminuria (DM-NA) ($n = 37$) whose urinary albumin excretions (UAE) were <30 mg/24 h and the other group with albuminuria (DM-AL) ($n = 32$) whose urinary albumin excretions were >30 mg/24 h. The DM-AL group consisted of 14 patients with microalbuminuria (UAE: 30–300 mg/24 h) and 18 with macroalbuminuria (UAE >300 mg/24 h). All the participants gave written informed consent, and the study was overseen by the local ethics committee in the light of the principles of the (revised) Declaration of Helsinki.

None of the study participants were on anticoagulation therapy or vitamin K supplementation. Other exclusion

criteria were: lactation, pregnancy, hypothyroidism, peripheral disease of the arteries, lower extremity varicoses, chronic venous insufficiency, ischemic heart disease, inflammatory diseases, chronic kidney disease, alcoholism, general malignancies, use of antidepressants or neuroleptics, high levels of hyperlipidemia, chronic hepatitis, cirrhosis of the liver, bronchial asthma, chronic obstructive pulmonary disease, collagen diseases, local or systemic infections and persistent transaminase elevation.

Samples

All samples were collected between 8:00 a.m. and 11:00 a.m. after an overnight fast (10–12 h). The following parameters were measured: HbA_{1c} (EDTA whole blood); C-reactive protein (CRP) (serum); fibrinogen, and Gas6 (3.2% citrated plasma). Urine (24 h) samples were used for the measurement of albumin. The plasma was obtained after centrifugation of the blood samples at $3000 \times g$ for 15 min and was kept frozen at -80°C for no longer than 2 months.

Laboratory measurements

A boronate affinity assay was performed for hemoglobin A_{1c} (HbA_{1c}) (Primus PDQ, Primus Diagnostics, Kansas City, MO). The IMMAGE 800 nephelometric analyzer (Beckman Coulter, Fullerton, CA) was used to measure CRP concentrations. Fibrinogen was analyzed on STA Compact (Diagnostica Stago, Asnieres sur Seine, France). Urinary albumin excretion was measured in urine samples (24 h) by a Cobas Integra 800 Analyzer (Roche Diagnostics, Mannheim, Germany).

Human Gas6 sandwich ELISA development kit (DuoSet Economy Pack, 45 Plate) provided by R&D Systems (Minneapolis, MN) was used for the determination of Gas6 in human plasma. Since this kit is designed for the analysis of cell culture supernates, it has been optimized and validated to assay Gas6 in plasma in our laboratory. After optimization, it was used to assay plasma Gas6 levels in the study population. Briefly, microtiter plates (96 wells) were coated with 100 μL primary antibody and incubated overnight at 4°C . The following day the wells were washed five times with a washing buffer [phosphate buffered saline containing 0.05% Tween-20] and then blocked with 5% bovine serum albumin in phosphate buffered saline for 2 h at room temperature. After five washes with a washing buffer, 100 μL of diluted standard solutions or samples were added to the wells and incubated for 1 h at 37°C . Then the manufacturer's recommendations were followed. The absorbance was measured at 450 nm in a microplate reader.

Statistical analysis

“Mann–Whitney U ” and a nonparametric test, “Kruskal–Wallis analysis of variance” (ANOVA), were chosen to compare the groups. A $p < 0.05$ value was accepted as significant level. Any significant results with Kruskal–Wallis ANOVAs were then followed up by “Bonferroni-adjusted Mann–Whitney U ” tests to compare the two groups and the actual p values were reported. Spearman's correlation coefficients were calculated for correlation analysis.

Results

The general characteristics of patients with and without albuminuria are shown in Table 1. There were two patient groups; one with normoalbuminuria (DM-NA) ($n = 37$) whose urinary albumin excretions (UAE) were <30 mg/24 h and the other group with albuminuria (DM-AL) ($n = 32$) whose urinary albumin excretions were >30 mg/24 h. The DM-AL group consisted of 14 patients with microalbuminuria (UAE: 30–300 mg/24 h) and 18 with macroalbuminuria (UAE >300 mg/24 h). The plasma level of Gas6 was 20.9 ng/mL (16.7–27.0); median (25–75% percentile) in patients with albuminuria (macro- or microalbuminuria) (DM-AL); 16.5 ng/mL (13.1–22.9) in patients with normoalbuminuria (DM-NA) and 15.3 ng/mL (8.3–21.8) in healthy controls (Figure 1A). Kruskal–Wallis test revealed a significant difference among the three groups with respect to albuminuria concentration ($p < 0.01$) (Figure 1B).

In the patients with type 2 diabetes, plasma Gas6 levels were significantly higher in patients with albuminuria than those of the patients with normoalbuminuria when Bonferroni Adjusted Mann–Whitney U test was used to compare the two

groups ($p < 0.0167$). Plasma Gas6 levels in type 2 diabetes with normoalbuminuria were not significant at $p = 0.140$ compared to the healthy controls, since the Bonferroni correction requires a p value to be <0.0167 . There were no significant gender and age differences in plasma concentration of Gas6 in the diabetic or nondiabetic group, or the duration of diabetes. The Gas6 level in the group of type 2 diabetes with microalbuminuria appeared lower than the level in type 2 diabetes with macroalbuminuria, but did not reach statistical significance using the Mann–Whitney U test ($p > 0.05$) (Figure 2).

We also examined the relationship between Gas6 levels and albuminuria using Spearman's correlation. There was a significant correlation between Gas6 levels and albuminuria ($\rho = 0.356$, $p < 0.01$), as well as between Gas6 and HbA_{1c} ($\rho = 0.331$, $p < 0.01$) whereas Gas6 had no correlation with CRP, and fibrinogen either. Moreover significant correlation was observed between fibrinogen and either CRP ($\rho = 0.000$) or albuminuria ($\rho = 0.456$, $p < 0.01$).

A statistically significant difference for HbA_{1c} among the groups was noted by the Kruskal–Wallis ANOVA ($p < 0.001$)

Table 1. Main demographic and clinical characteristics of subjects.

	DM-AL ^a	DM-NA ^b	Healthy controls
<i>n</i>	32 (14(microal) + 18(macroalb))	37	30
Male	11	16	15
Female	21	21	15
Age	59 (6.7)	53.2 (12.1)	39.4 (4.6)
Duration of diabetes (years)	11.1 (6.1)	6.7 (6.2)	–
HbA _{1c}			
%	8.6 (7.3–9.6)	7.2 (5.9–8.6)	5 (4.6–5.6)
mmol/mol	71 (56–81)	55 (41–71)	31 (27–38)
Albuminuria (mg/24 h)	485 (105–1545)	4 (1.8–9.4)	2 (1–3)
Microalbuminuria (mg/24 h)	125	–	–
Macroalbuminuria (mg/24 h)	1959	–	–
Gas6 (ng/ml)	20.9 (16.7–27.0)	16.5 (13.1–22.9)	15.3 (8.3–21.8)
CRP (mg/l)	6 (3–11)	5 (3–7)	3 (2–4)
Fibrinogen (μmol/l)	15.1 (11.7–16.3)	11.6 (10.1–12.9)	7.9 (6.9–8.9)

^aDM-AL: Diabetes type 2 with albuminuria (micro and macro).

^bDM-NA: Diabetes type 2 with normoalbuminuria.

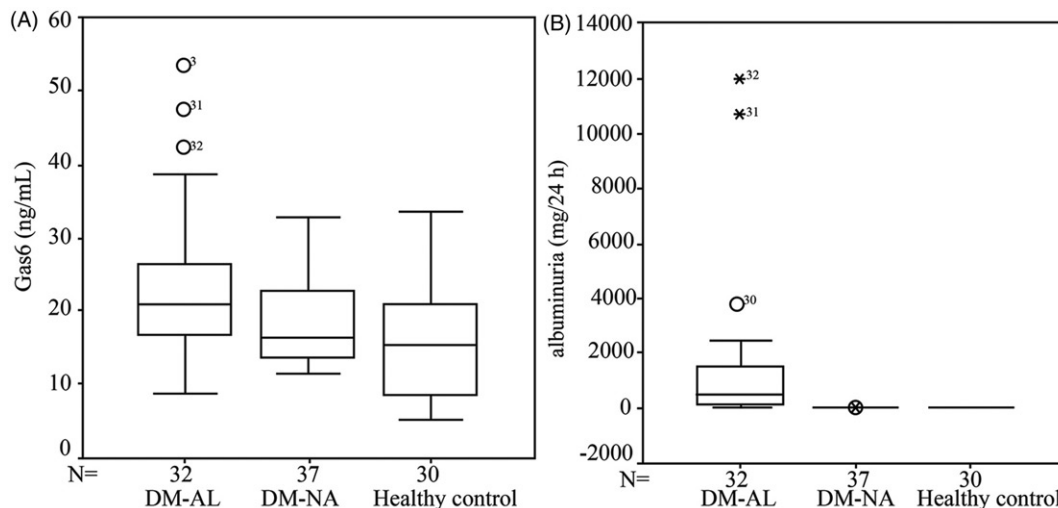


Figure 1. Comparison of the study groups: type 2 diabetic patients with albuminuria (DM-AL) or with normoalbuminuria (DM-NA), and healthy control. (A) Plasma Gas6 concentrations and (B) albuminuria.

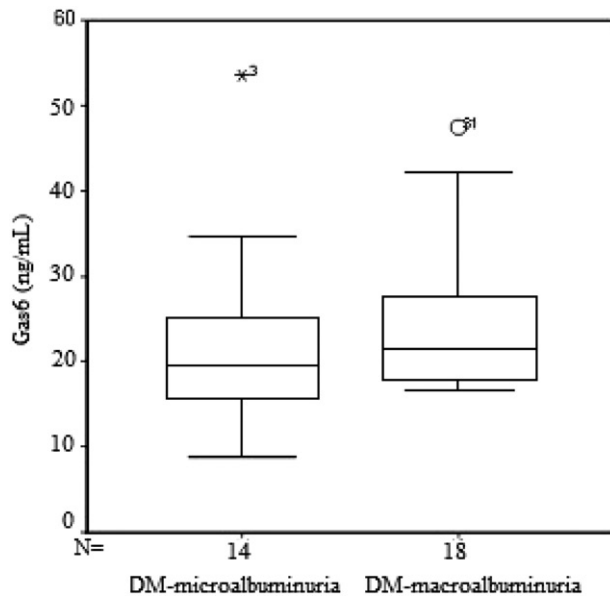


Figure 2. Comparison of the plasma Gas6 concentrations in type 2 diabetic patients with micro- or macro-albuminuria.

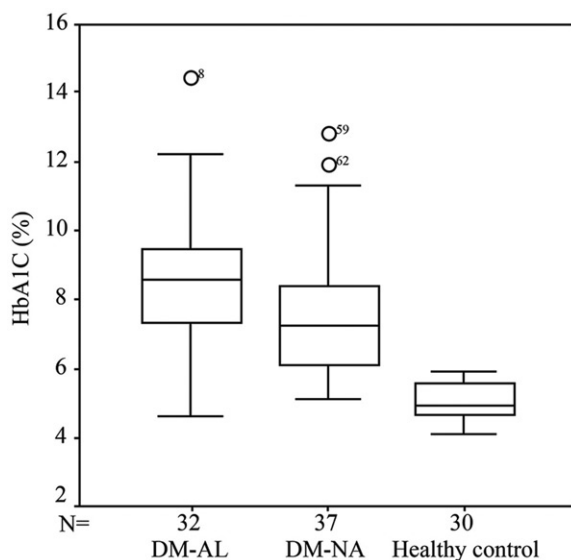


Figure 3. HbA_{1c} in the study groups: Type 2 diabetic patients with albuminuria (DM-AL) or with normoalbuminuria (DM-NA), and healthy control^a.

(Figure 3). Bonferroni Adjusted Mann–Whitney *U* test revealed that HbA_{1c} concentration was not significantly different between the type 2 diabetes subgroups of with albuminuria (DM-AL) and with normoalbuminuria (DM-NA) ($p > 0.0167$). However, HbA_{1c} levels of DM-AL ($p < 0.0167$) and DM-NA ($p < 0.0167$) were higher compared to the healthy control group.

Discussion

Because of the global increase in diabetes, diabetic nephropathy is becoming a major issue. Diagnosis and treatment in the early stages of nephropathy may avert this major complication and new biomarkers are needed. In this study,

we examined whether plasma Gas 6 levels are associated with albuminuria in patients with type 2 diabetes and found a positive correlation between plasma Gas6 levels and albuminuria. Microalbuminuria concentrations are used to indicate diabetic nephropathy, but it is not always found to correspond to matrix expansion of mesangial cells during the early stage.² In the present study, for the patients with type 2 diabetes it was found that plasma Gas6 levels were significantly higher in patients with albuminuria than those in patients with normoalbuminuria. The plasma Gas6 levels between subgroups of type 2 diabetes mellitus were checked and it was found that it was lower in the group with microalbuminuria than the group with macroalbuminuria but was not statistically different. There was a significant correlation between albuminuria and plasma Gas6 levels and as well as between Gas6 and HbA_{1c} whereas Gas6 had no correlation with CRP, or fibrinogen. Moreover, significant correlation was observed between fibrinogen and either CRP or albuminuria.

Although currently microalbuminuria is used for a diagnostic marker to predict future overt nephropathy, neither the sensitivity nor the specificity of microalbuminuria is high enough to detect it. Another difficulty with microalbuminuria is the false positive results. Reasons for false positives are: congestive heart failure, infection strenuous exercise within 24 h, fever, marked hyperglycemia, marked hypertension, pregnancy, hematuria, and urinary tract infection.² A new indicator in the early phase of kidney injury would be helpful to predict diabetic nephropathy, which is reversible at this phase.

Some studies suggested a role for inflammation as a cause of pathogenesis of diabetic complications. Lengyel et al.³³ showed that protein S activity and fibrinogen levels were elevated during the onset stages of diabetic nephropathy. Tessari et al.³⁴ reported that the expression of both fibrinogen and albumin is increased in patients with type 2 diabetes who have elevated levels of urinary albumin excretion. Takebayashi et al.³⁵ measured fibrinogen and hsCRP in patients with diabetes and reported that fibrinogen and hsCRP, considered independently, might be closely related to diabetic microangiopathy. Increasingly, evidence suggests that inflammation may have a role in the development of diabetic nephropathy. This may initiate the activation of some pathways in the kidney. This new point of view explains diabetic nephropathy together with inflammatory markers, as an inflammatory disease.^{36,37} In agreement with those studies, a significant correlation between fibrinogen and CRP, as well as between fibrinogen and albuminuria was found in the current study.

Cavet et al.³⁸ reported significant effects of variable glucose concentrations on the receptor of Gas6, AXL signaling, in vascular smooth muscle cells. Glucose levels affected Gas6-AXL signaling, with increased activation of Akt and mTOR at low glucose levels, and increased activation of ERK1/2 at high glucose levels. In the study, at high glucose levels, Gas6-AXL signaling induced migration; at low glucose levels, inhibition of apoptosis by Gas6-AXL signaling was greater. Their study suggests that altered Gas6-AXL signaling contributes to vascular dysfunction in diabetes.

There is a potential role for Gas6 in the development of complications in diabetes. Transgenic mice ectopically expressing AXL in myeloid cells, were observed to develop phenotypes similar to noninsulin-dependent diabetes mellitus.³⁹ These animals displayed hyperglycemia, severe insulin resistance, hyperinsulinemia, hepatic lipids and pancreatic islet dysplasia, progressive obesity, but did not exhibit hyperphagia.

According to the results of our study, it appears likely that there is an association between plasma Gas6 levels and albuminuria in patients with type 2 diabetes. There are some limitations of our study: (1) the number of patients in each group was small and (2) although the changes may have been statistically significant, they were small and it is questionable if they are useful as clinical discriminators of risk. This study may serve as a reasonable starting point to explain the association between plasma Gas6 levels with diabetic nephropathy.

In conclusion, this is the first study indicating that plasma Gas6 concentrations are associated with albuminuria in patients with type 2 diabetes. Further well designed, appropriately sized and long-term follow-up clinical studies are needed to elucidate the actual role of Gas6 in diabetic nephropathy.

Declaration of interest

The authors report no conflicts of interest. The authors alone are responsible for the content and writing of the article.

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